



#PassOnYourPassion

CASE STUDY - Philippa Curry

'Motivating, encouraging, inclusive and confidence giving'

Philippa Curry is an International Show jumping coach, coaching from grass roots to world class level all over the world. She has been **coaching for over 25 years** gaining numerous qualifications and a wealth of experience. She was the youngest coach to be awarded British Showjumping Accreditation in her early 20's, and is now the **first showjumping coach to gain the highest UKCC qualification at Level 4**. Philippa specialises in youth performance and is part of British Showjumping's Youth Team Staff, travelling to Nations Cups and European Championships supporting British Team riders.

She first started coaching by **volunteering** and what she enjoys most about coaching is **helping riders to enjoy the sport and their training**. Philippa was never nervous about coaching and would always encourage others to get involved in coaching. She now coaches from her base on Titlington Hall Farm in Alnwick, which boasts an international size outdoor showjumping all weather arena as well as bespoke grass Derby training banks, allowing riders and horses to be coached to the highest levels. Alongside her coaching achievements and qualifications, Philippa has also completed both a **BSc and MSc in Sport Psychology** and also holds a practitioners certificate in NLP and Hypnotherapy. This education allows her to greatly enhance her coaching and communication skills and enables riders to achieve not just physical, but mental skills also, resulting in consistent performance, resilience and competitive edge.



Philippa is described as

“Motivating, encouraging, inclusive and confidence giving. She has a **can do attitude** whilst recognising your own internal demons. She helps to fight those demons and **makes you believe in yourself**. Technically she is excellent, her explanations do not belittle you. **An all round great coach who always goes the extra mile.**”

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If you would like more information about #PassOnYourPassion in Northumberland, please contact **Joanna Tooley, Participation Development Officer, Northumberland Sport** by email: jtooley@activenorthumberland.org.uk or telephone: 01670 624767.