

#PassOnYourPassion

Northumberland  
Sport



## Case Study - Beth Davison

Beth Davidson is the North East Region Fencing Development Officer. England Team Manager. Commonwealth, National Senior and European Veteran Champion. Beth has been a coach for over 10 years and coaches all over the North East region, developing fencing both as a coach and a coach tutor.

Beth first got into coaching due to a coach development programme run by British Fencing in the 90's, but she didn't really use the qualification until she became a Development Officer for the North East. Beth was nervous about coaching as she was still learning a lot as she was coaching, there were very few coaching development opportunities locally then.

Beth now coaches a project called Street Swords, which is all about bringing fencing into deprived areas of the region, giving young people leadership skills and a chance to compete.

We asked Beth about why she enjoys coaching,

**'I coach as there is a huge joy in teaching an usual sport to those who would have never had the opportunity before, because they thought it was elite or expensive, or only for 'posh' people! Coaching for me is about communicating skills and developing others abilities beyond their previous aspirations! I want others to be given the chances that I was introduced to.'**